

## Our Families and the Opportunity for Change



The entire family feels the impact of a child with an emotional, behavioral, or mental health challenge. All socio-economic, educational, racial, and religious groups are affected, as are single parents, two-parent households, and birth, adoptive, and foster families.

Families need accurate assessments, evidence-based interventions, culturally and linguistically competent services, and a variety of other resources to help their children become self-respecting, independent, hopeful and productive adults.

Many families face barriers to accessing needed services, such as the lack of child care and after school programs, no transportation, and limited access to high quality, culturally competent mental health services. They must learn to cope with the difficult and demanding behaviors of their children while trying to maintain their employment and financial survival. They often face staggering costs for services.

The Federation works to ensure that family members are treated as equal partners at every level of decision-making. The Federation promotes a family-driven, culturally competent, youth-guided, and community-based system of care. Our organization promotes the wraparound process and encourages ongoing research on children's mental health.

For more information on the Federation,  
call 301-879-5200 or send an email to  
cserkin@mcfof.org (email)

Montgomery County Federation of Families  
for Children's Mental Health, Inc.  
Colesville Professional Center  
13321 New Hampshire Avenue  
Suite 101  
Silver Spring, MD 20904

## Montgomery County Federation of Families for Children's Mental Health, Inc.

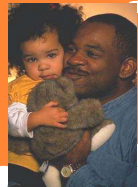


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301-879-0012 (fax)  
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www.mcfof.org (website)

*A charitable, non-profit  
organization run by family  
members who have children  
with emotional, behavioral,  
or mental health challenges.*

*We help other family  
members who are raising  
children with similar  
challenges.*

PLACE  
STAMP  
HERE



## Bringing Hope to Families

Children and youth with emotional, behavioral, and mental health challenges:

- Have unique needs that require individualized services.
- Need and deserve respect for their rights, preferences, values, strengths, and gender identification as well as their cultural, ethnic, racial, and religious backgrounds.
- Are entitled to full citizenship in their communities.
- Deserve to get what they need in order to achieve their full potential and to receive the services and supports that will allow them to remain with their families and in the community.
- Belong with families and need enduring relationships with adults.
- Make positive contributions to their families and communities.

Families of children and youth with emotional, behavioral, and mental health challenges:

- Deserve to be treated as equal and full partners at every level of decision making.
- Are entitled to a wide variety of culturally competent services, family-to-family support, education, and advocacy.
- Deserve to be treated with respect and dignity.



## Our Activities

We are family members who have children or youth with emotional, behavioral and mental health challenges. We help other family members who are raising children with these challenges by providing:

- Family-to-Family Support
- Group Events
- Resource Information and Referral
- Educational Programs
- Leadership Opportunities
- Advocacy
- Youth Activities



## About Our Children

Almost 21 percent of U.S. children ages 9 to 17 have a diagnosable mental or addictive disorder associated with at least minimum impairment. About 11% of the children in the United States have mental health or addictive disorders that cause significant functional impairment. Five percent have problems that cause extreme functional impairment.

Causes of these problems are not well known and include biological and environmental factors. A wide range of therapeutic, educational, social and recreational services are essential to address the needs of these children and their families.

## Join Us

The Montgomery County Federation of Families for Children's Mental Health, Inc. welcomes the support of individuals, families, groups, and organizations. *Membership is free.*

Yes, I want to become a member of the Montgomery County Federation of Families for Children's Mental Health, Inc.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Work Phone \_\_\_\_\_

Cell \_\_\_\_\_

Email \_\_\_\_\_

I am:  a Family Member  
 a Youth  
 a Service Provider  
 a Concerned Individual

Volunteer opportunities are available. Donations are welcome. Donations are tax-deductible.

Enclosed is my donation \$ \_\_\_\_\_.

If you wish to give a donation, please make your check payable to:

[Montgomery County Federation of Families for Children's Mental Health, Inc.](#)

**To join the Federation and/or make a donation, complete this form and mail it to:**  
[Montgomery County Federation of Families for Children's Mental Health, Inc.](#)

[Colesville Professional Center](#)

[13321 New Hampshire Avenue, Suite 101  
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Please enclose your donation with this form.